



"For I was hungry, and you gave me something to eat, I was thirsty, and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me."

Matthew 25:35-36

**"I love coming every week -
Community Eats are my family"**

"Community Eats helps me get by each week. The meals, the hampers and the support keeps me going"

"I don't know what I would do without Community Eats, it's given me a new circle of friends."



HOW YOU CAN HELP

Community Eats exists through the generosity of people like you. There are many ways you can help us.

Donations

All donations over \$2 are tax deductible and can be made online by credit card or direct deposit to:

Community Eats
BSB 016-353 ACC 416 764 303

Become a volunteer

Our work wouldn't exist without our amazing volunteers. If you would like to join our team, we would love to hear from you.

Spread the Word

From time to time, everyone needs some support. Help us to spread the word of Community Eats across Perth by connecting with us on social media, telling people about us and inviting people to our services and events.

Community Eats is committed to providing an inclusive and safe environment for all people where everyone is welcome.

PROUDLY SUPPORTED BY



T: (08) 9440 6446 E: admin@communityeats.org.au
The café at Eternity Church, 42 Mirrabooka Ave, Mirrabooka
PO Box 115 Bayswater WA 6933
communityeats.org.au



Community Eats acknowledges that we are gathered on traditional Nyoongar Whadjuk land and pay our respect to elders past and present and to all Aboriginal and Torres Strait Islander peoples.



**Together, we feed
people in need**



TOGETHER, WE FEED PEOPLE IN NEED

Community Eats is a not-for-profit community service supporting people experiencing food insecurity and social isolation in Perth. Operating in the City of Stirling and neighbouring suburbs, we provide food assistance, basic necessities and support to those who are vulnerable and in need.

We ensure that all those who access our services maintain their dignity. We encourage self-reliance by linking people with services in our community to help them address the challenges that are affecting their financial wellbeing.

We operate our services from the designated rooms and café at Eternity Church, Mirrabooka. It is an inclusive environment where anyone and everyone is welcome.



Every Thursday 6pm - 8pm
FREE

Community Eats Kitchen prepares and serves delicious, nutritious, home-cooked meals free of charge, supporting those in need.

Community Eats Kitchen is more than just a meal - it provides a vibrant, welcoming and inclusive space that fosters connection and friendships within the community. The Kitchen operates weekly on a Thursday evening from the Cafe at Eternity Church in Mirrabooka.

We warmly welcome you to join us at Community Eats Kitchen and do bring a friend along, too.

Take-away meals are also prepared and available, upon request.



Every Wednesday 2pm - 4pm
FREE

Community Eats Hampers provides grocery, household and hygiene items each week to those in need within the community. Hampers also include easy-to-follow recipes (with ingredients) to encourage and enable recipients to independently create their own tasty and nutritious meals at home.

Referral Process

Please phone on Wednesday mornings from 9-11am to make a time to collect your hamper or fill in an online form on our website communityeats.org.au.

